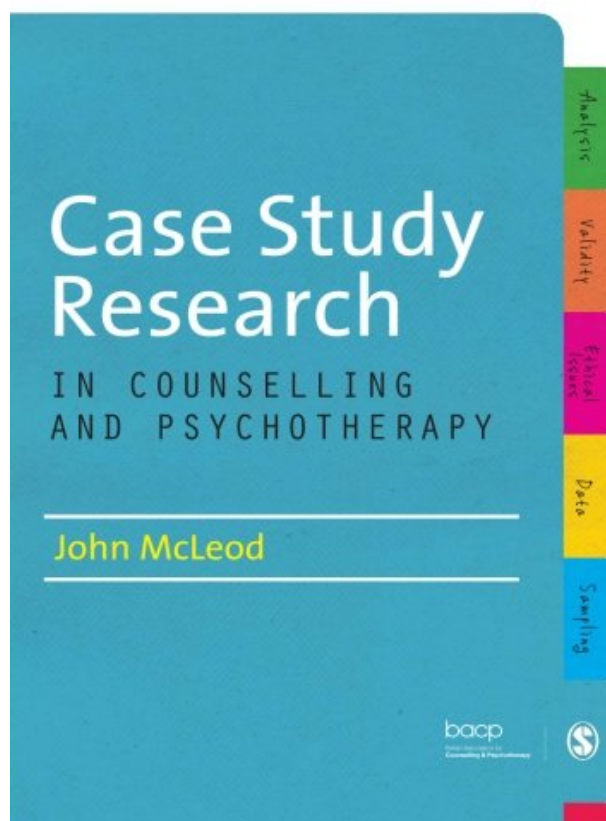
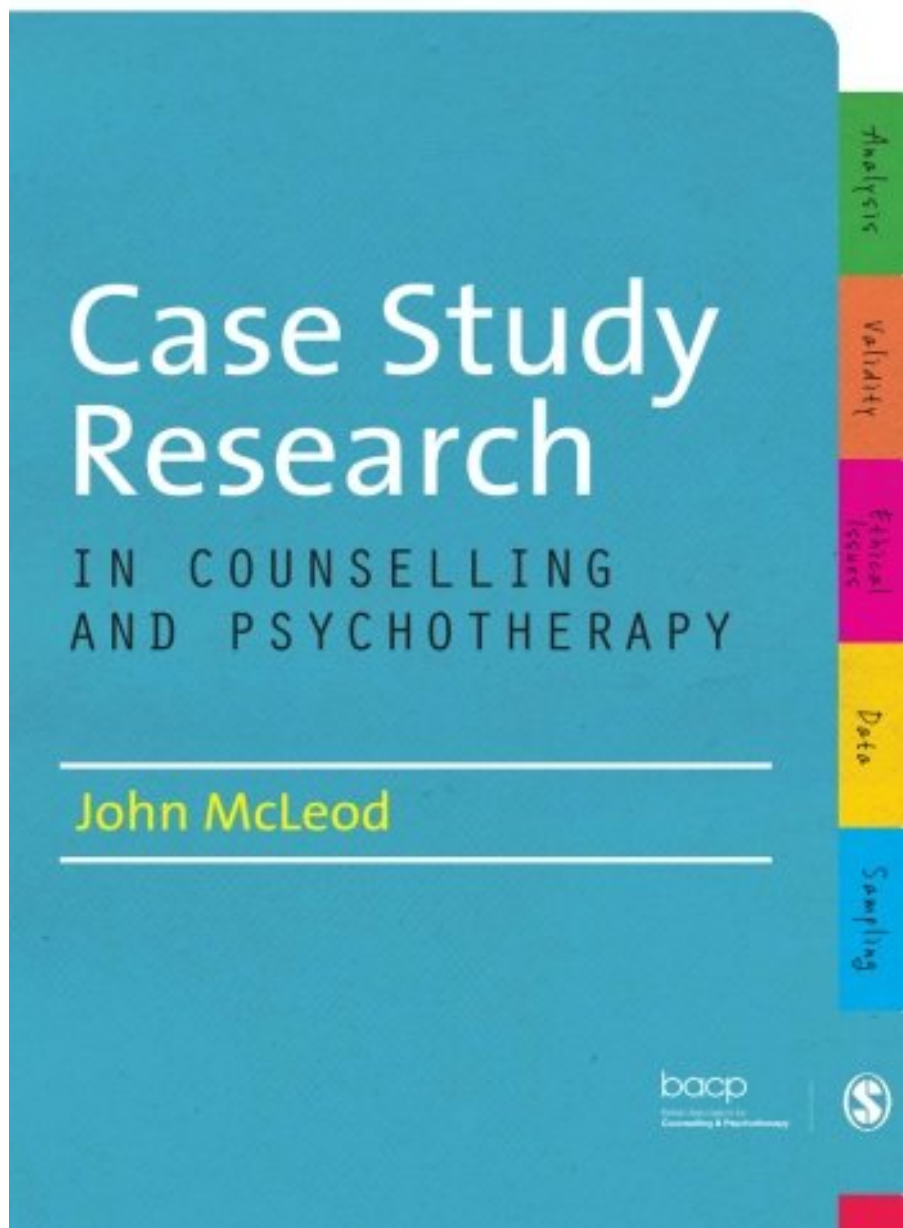


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## Review

Comprehensive, passionate, right out at the growing edge of the psychotherapy research and even slightly beyond it, this book maps out where case study research has come from, what it looks like today, and what its future will look like.

Robert Elliott, Professor of Counselling, University of Strathclyde

This is an excellent book that has been needed by the counselling and psychotherapy profession for some considerable time. It has been worth the wait. John McLeod writes in a clearly accessible style easy to read and absorb and his comprehensive book both captures existing methods and identifies potential methods ripe for development.

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#### About the Author

John McLeod has held appointments in universities in the UK, New Zealand and Italy, and is currently Professor of Counselling at the Institute for Integrative Counselling and Psychotherapy, Dublin, and Professor of Psychology, University of Oslo. He is committed to promoting the relevance of research as a means of informing therapy practice and improving the quality of services that are available to clients, and has received an award from the British Association for Counselling and Psychotherapy for his exceptional contribution to research. His writing has influenced a generation of trainees in the field of counselling, counselling psychology and psychotherapy, and his books are widely adopted on training programmes across the world.

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Case-based knowledge forms an essential element of the evidence base for counselling and psychotherapy practice. This book provides the reader with a unique introduction to the conceptual and practical tools required to conduct high quality case study research that is grounded in their own therapy practice or training. Drawing on real-life cases at the heart of counselling and psychotherapy practice, John McLeod makes complex debates and concepts engaging and accessible for the trainees and practitioners at all levels, and from all theoretical orientations. Key topics covered in the book include:

- the role of case studies in the development of theory, practice and policy in counselling and psychotherapy
- strategies for responding to moral and ethical issues in therapy case study research
- practical tools for collecting case data
- 'how-to-do-it' guides for carrying out different types of case study
- team-based case study research for practitioners and students
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Concrete examples, points for reflection and discussion, and recommendations for further reading will enable readers to use the book as a basis for carrying out their own case investigation.

All trainees in counselling, psychotherapy and clinical psychology are required to complete case reports, and this is the only textbook to cover the topic in real depth. The book will also be valuable to people who intend to use existing case studies to inform their practice, and it will help experienced practitioners to generate publishable case reports.

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