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## HEAVY SECRETS BY ELLE AYCART PDF

Christy Sheridan has come a long way from the physical and emotional wreck she used to be. She's made Alden her home and is happily engaged to a man who loves and accepts her for who she is, curves, quirks, and geekiness included. Life is good. Until mommy dearest blows into town to "help" her clueless daughter seal the deal.

Cole Bowen is experiencing a world of firsts: first time in love, first engagement, first Valentine's, first in-laws. He's found the woman of his dreams, so he figured dealing with Martha Sheridan was a small price to pay. That is before his monster-in-law plants herself in their home and inside Christy's head, stirring up old demons and destroying her newly regained self-esteem. And while his hands are full with trying to neutralize their meddling guest, a mysterious phone call turns his world upside down.

With ghosts from the past resurfacing and threatening to tear Cole and Christy apart, can they make it to the wedding they both so desperately want, or will heavy secrets send their relationship to the breaking point?

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Most helpful customer reviews

1 of 1 people found the following review helpful.

5 stars = I freaking LOVED this book!!! I want more Bowens!

By Angela S Goodrich

I received a free copy of this book to read and review for Wicked Reads.

I love all of the Bowen brothers and their ladies, but Christy and Cole's story is my favorite among them. As a plus-sized gal myself, I felt an almost immediate connection to Christy the first time I read Heavy Issues. Needless to say, when I found out that their story was going to continue in Heavy Secrets I was beside myself with glee and that increased exponentially when I was offered the chance to read it early! And it was AWESOME!!!

It's been a while since I last read Heavy Issues, so I don't remember if Christy's mother Martha was introduced before and I merely blocked her horrid character from my mind or not, but I was ready to crawl inside my Kindle and throttle that woman...multiple times. Good grief! With a mother like that, who needs enemies? But her presence helped to highlight the love that Cole had for Christy as evidenced by the fact that he didn't confront Martha at Christy's request. And when Christy finally reached her breaking point with her mother, the love that she had for Cole was even more apparent. But there was far more to the story than dealing with Martha and her constant attacks on Christy's self-esteem as Cole found himself confronted with his past and the havoc his mother's desertion and death wreaked on him emotionally. But you'll have to read the book to find out what happens because that's one spoiler I won't reveal.

Heavy Secrets provided the same reading experience as every book in the Bowen series has for me – the opportunity to hang out with great friends. I laughed...A LOT. I teared up a few times. I cheered Christy on when she confronted Cole. I cheered her on even more when she dealt with her mother. I felt Cole's pain. I squirmed while reading the freaking hot sex scenes. And my jaw dropped at the unexpected revelation at the end of the book. Oh! My!! GOD!!! Ms. Aycart I cannot wait to see where you take the series now.

~ Wicked Reads Review Team ~

0 of 0 people found the following review helpful.

5 - "Were we chipping in for a bodyguard?" Stars!

By Miss Claire L. Robinson

5 - "Were we chipping in for a bodyguard?" Stars!

Elle Aycart is an author whose work I never tire of. The Bowen brothers and the series of books that Elle has built around them are some of my all-time favourite reads. Why? Because although they are essentially romance/erotica at its best, she always manages to add just a little something to each one to make them completely different from anything else you are currently reading. James, Cole & now Max have all found and are happily settled with their women. One married, one engaged and one well on the way. Heavy Secrets gives us a chance to catch up with the dark, dirty and dominant Cole, and bubbly, curvy, and geeky Christy.

"I love you... but but\* the flock out."

This is a quick, completely entertaining and extremely funny read. Cole and his brothers have such a way of interacting with each other that you can't help but giggle at their antics.

"You're a Valentines Day virgil, aren't you?"

Cole's inner monologue and dry sense of humor as well as acceptance of Christy's geek hobbies had me laughing away at points as well, but there is a deeper and more emotional aspect to this novella in relation to both of them dealing with the darker parts of their pasts.

"You are not fat. I won't stray. And you do not need to get knocked up to keep me."

If you have read the previous books you know that Christy's weight and food addiction issues have played a massive part in making her the strong character she now is, adding her one weak link back into the chain for this novella, Elle gives the reader a glimpse of the mother from hell, and just how manipulative a woman she really is.

It makes this novella all the more poignant for me, having dealt with a lot of Christy's issues myself it was good to see her stand up for herself, and not fall back into the old habits she had left behind. But on the flip we also see Christy call Cole out on his s\*\*\*, when issues from his past are unexpectedly brought back to the fore, forcing him to address parts of his past or try and rebuild those walls that being with Christy had brought down in the first place.

God how I love this pair, I love the Bowen Family in general, and this little catch-up offers plenty of entertainment and surprises to make it a worthwhile and enjoyable and sexy addition to the series.

ARC generously provided by the author, it was as it always is, my absolute pleasure to provide the above honest review.

0 of 0 people found the following review helpful.

I fancied something a little bit sexy, a little bit sweet, with a hero that was willing to sweep me off my feet.

By Under The Covers Book Blog

Reviewed by Suzanne and posted at Under The Covers Book Blog

After six months together Cole and Christy's relationship has just grown stronger. That is, until Christy's mum comes to stay, bringing back to life Christy's old insecurities, driving Cole insane. But, an unexpected call brings back past hurts for Cole, driving him back to his old way of distancing himself from those he loves, mainly Christy.

Do you know when you manage, through fluke or excellent planning, to read the perfect book for your mood? Well, that was exactly what happened with Heavy Secrets, I fancied something a little bit sexy, a little bit sweet, with a hero that was willing to sweep me off my feet. Well. Heavy Secrets delivered me just that.

I really enjoyed Heavy Issues, the book that shows you Cole and Christy getting together, so I was looking forward to checking up on them in this novella. It is kind of essential that you read Heavy Issues before this, I definitely wouldn't have liked it as much if I didn't know Cole and Christy's background. Although I haven't read any of the other books in the Bowen series; an oversight I mean to correct!

If you like your heroes all alpha and bossy, with a dirty dirty mouth than Cole is the man for you. He was certainly the man for me; he knows how to get gal all hot and bothered. Of course, he only has eyes for Christy, the only woman who has managed to take him on and get past his defences.

A great quick read and like a pint of Ben & Jerry's I managed to get through it all in one sitting and unlike a Ben & Jerry's there was no guilt at the end when you realise you have just taken the last spoonful; however, it was just as moreish.

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